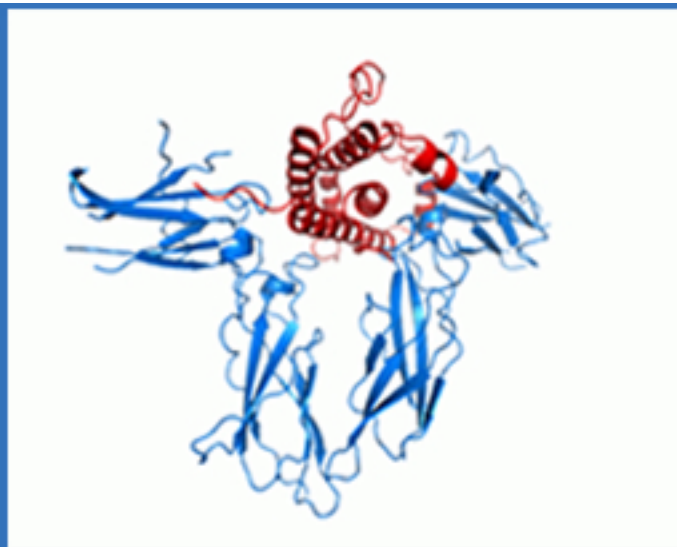


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## Welcome letter from the new GRS President

Dear Members and Supporters of The Growth Hormone Research Society,

I am deeply honored and privileged to address you as the newly elected President of our esteemed society. Serving as the first President from Latin America fills me with immense pride and a profound sense of responsibility towards advancing our shared goals.

My journey with The Growth Hormone Research Society began during its inaugural meeting in Aarhus, Denmark, in 1994, a pivotal moment when I was pursuing my PhD in Gothenburg, Sweden, and it became stronger in 2012, when I was elected as a council member. Since then, I have witnessed the GRS dedication and seriousness in continuing medical education on the field of growth hormone.

I extend my heartfelt gratitude to the GRS Officers for their trust, and to my predecessor Sally Radovick for her invaluable contributions to our society. I look forward to work collaboratively with each of you to advance our goals over the next two years. Together, we will strive to promote collaboration and excellence in the field of growth hormone. Thank you once again for this incredible opportunity to serve The Growth Hormone Research Society. I am excited about the journey ahead and confident in our ability to make meaningful advancements together.

Warm regards,  
Margaret C S Boguszewski, MD, PhD  
President Elect, The Growth Hormone Research Society

### Past president's farewell letter:

*Thank you for the privilege of serving as president of this dynamic and prestigious organization and for your continued support. I am proud of our many accomplishments as we recovered from the pandemic lull in our programs.*

*1) We have participated in the European Congress of Endocrinology programs with mini-symposia, and I am thankful to our outstanding speakers.*

*2) Our recent initiatives to honor our rich history through various programs have been a source of inspiration. I am hopeful that this tradition will continue to strengthen our collective identity.*

*3) I thank Jens Otto Jorgensen for his leadership in launching the Delphi process to facilitate our consensus statement on the 'Diagnosis of GH-Deficiency.'*

*4) I am pleased to continue our relationship with the Pituitary Society to host our journal and co-sponsor meeting symposia.*

*I am eagerly looking forward to our upcoming 'Workshop' and I encourage you to stay tuned for more details. I would like to express my gratitude to Andy Hoffman for his invaluable guidance as the past president. I also extend my thanks to John Kopchick for his dedicated service to GRS, particularly for his role in publishing our newsletter. Lastly, I warmly welcome our newest Council member, Darlene Berryman. I am enthusiastic about continuing to work with Margaret and my fellow officers and Council members to bring you more exciting programs that align with the ideals and goals of our Society.*

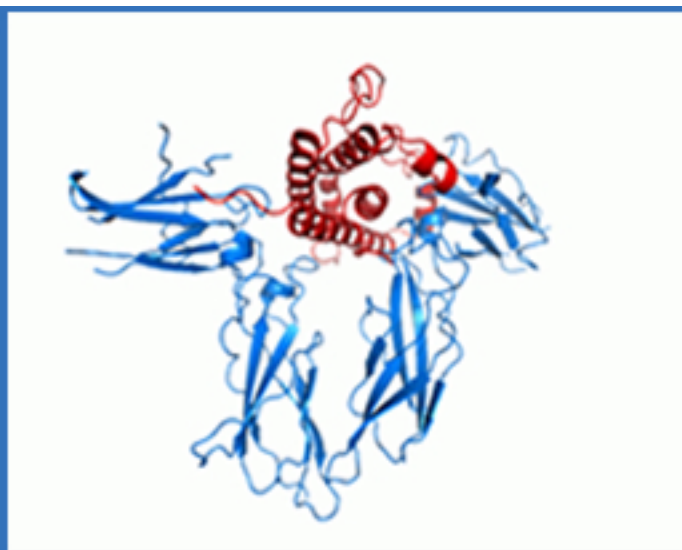
*With gratitude,  
Sally*



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## PREVIOUS MEETING

### **GRS Congress 2024 (Stockholm, Sweden, May 2024)**

A collaboration between GRS and the European Society of Endocrinology. The two-day meeting provided an update on basic, translational and clinical research in the field of growth hormone related diseases. Among other topics, diagnosis and new treatment options for growth hormone deficiency were discussed. The format includes plenaries from leading experts in the field, and oral and poster sessions.

A Session on Diagnosis of GHD using the Delphi process was chaired by Jens Otto Jørgensen (DK) with discussion on the controversies about diagnosis of GHD in children and in adults presented by Adda Grimberg (USA) and Christian Strasburger (Germany), and new diagnostic tests were presented by Kevin CJ Yuen (USA). A symposium on Long-acting GH was chaired by Gudmundur Johannsson (Sweden), with the experience in children presented by Xiaoping Luo (China), in adults by Beverly MK Biller (USA) and monitoring LAGH treatment with IGF-I by Katharina Schilbach (Germany). The session GH from bench to bedside and registries with the topic "Growth Hormone, Mini-Mice, Football, Dirty Shorts, and a New Drug" was presented by John Kopchick (USA) and the "Endocrine Therapies Registry

Project" by Faisal Ahmed (UK). The Pituitary Society lecture GH and cancer was presented by Shlomo Melmed (USA). During the GRS congress the GRS General Assembly meeting was conducted.

### **GroPro Meeting 2024 (Stirling, Scotland, August 2024) Growth hormone and prolactin, basic and translational science**

Announcing the formation of a new special interest group, supported by the Pituitary Society. The group's origins are from the long-standing "Gordon Conference" on Prolactin, and the subsequent "FASEB SRC" on the GH/PRL Family in Health and Disease. The group has decided to move to an independent conference format, under the auspices of the Pituitary Society. The goal is to hold scientific meetings every two years, focused on the fundamental biology of these two pituitary hormones and their complex range of targets. The meetings had an "all inclusive" residential format similar to previous meetings, but at a significantly reduced cost, with significant assistance to students and early career researchers and speakers coming from developing economies. It was chaired by Paul Le Tissier (Edinburgh, UK) and Sebastian Neggens (Erasmus, NL). GRS is supporting this meeting at the Bronze Sponsorship Level (2500 pounds).

## UPCOMING MEETINGS

### **Joint Congress of ESPE and ESE 2025 (Copenhagen, Denmark, 10-13 May 2025)**

The joint Congress between the European Society for Paediatric Endocrinology (ESPE) and the European Society of Endocrinology (ESE), 'Connecting Endocrinology Across the Life Course', will bring together paediatric and adult endocrine specialists from across Europe and the rest of the world to meet, collaborate and celebrate endocrinology in Copenhagen, Denmark. GRS is currently working on a symposium on Growth Hormone during the Joint Congress.

GRS Workshop 2025, date and location to be defined.  
A workshop on "GH treatments" focus on Long-Acting GH and GH secretagogues, with an update of the new formulations, recent findings and recommendations.

### **19th International Pituitary Congress (San Francisco, California, July 9 - 11, 2025)**

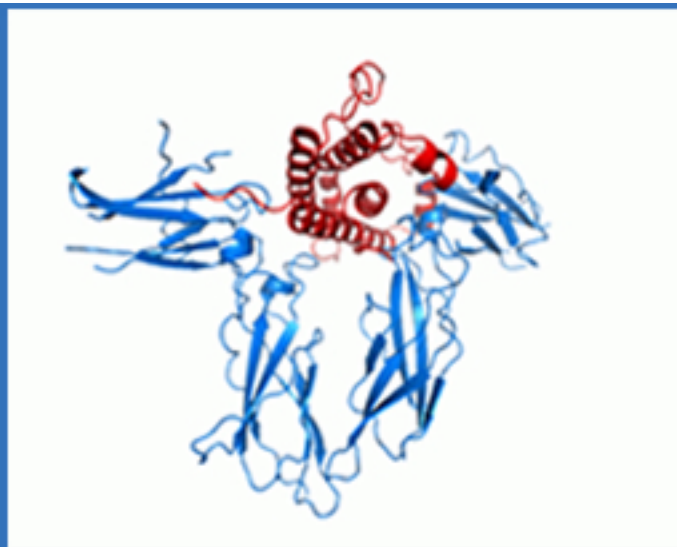
The 19th International Pituitary Congress will be held at the Fairmont Hotel in San Francisco. The Scientific Program will highlight key advances in basic pituitary and neuroendocrine regulation and review these findings in conjunction with state-of-the-art management of patients with pituitary adenomas, pituitary deficiency states and other neuroendocrine disorders.

GRS Congress 2026, date and location to be defined.

GroPro Meeting 2026 (Mexico, November 2026)



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## PITUITARY SOCIETY

### Membership Forum (Boston, 2nd June 2024)

The Pituitary Society held its Biennial Membership Forum in Boston on Sunday June 2nd 2024 preceded by a CME meeting: Advancing Acromegaly Awareness & Clinical Decision-Making in a New Treatment Era. This was a 1-hour multi-accredited live satellite symposium with a downloadable point-of-care shared decision-making resource and was well attended with over 100 registrants. Relevant portions from the recorded symposium livestream will be condensed into two stand-alone videos with distinct themes. The videos will be available on the Society's website soon. The meeting was followed by the Society dinner attended by the founders of the Pituitary Society: Seymour Reichlin, Richard Robbins, and Shlomo Melmed who all gave wonderful stories about its formation including agreeing the date of incorporation: 1994. Shlomo Melmed was awarded the Outstanding Pituitary Society Leadership Award and gave a memorable history of the Societies' journal The Pituitary first published in 1997 and



and now, under Andrea Giustina as Editor-in-Chief, is going from strength to strength with over 300 submissions a year and a 5-year impact factor of 4.1.

### Pituitary Society Committees

Larry Katzneson's presidency was marked by his energy in revitalizing and initiating, established and new Society committees. The goal being to promote the Pituitary Society's mission, while serving the additional purposes of engaging membership (with a particular focus on unior members), creating opportunities for leadership, and enhancing participation from international members. The Society re-established the Early Career Committee (co-chaired by Laura Dichtel and Yona Greenman), the Digital Communications Committee (co-chaired by Nidhi Agrawal and Hide Fukuoka), and the Corporate Liaison Committee (co-chaired by Tony Heaney and Peter Trainer). The Clinical Surveys Committee (co-chaired by Andrea Glezer and Hani Marcus) was created to give opportunities for members to utilize our collective experience to survey important clinical questions.

## ROBERTO LANES Obituary

Born in Caracas, Venezuela, on May 19, 1948, passed away in Toronto, Canada on July 28, 2024. Roberto and I were friends since our school days where we graduated at the Colegio "Moral y Luces", "Herzl-Bialik" in 1965. Went to Medical School at the Universidad Central de Venezuela graduating in 1973, then went to New York for his Pediatric residency at Beth Israel Hospital, after which he did his Pediatric Endocrinology fellowship at Johns Hopkins in Baltimore with Claude Migeon, who was his mentor, then returning to Caracas in 1979, to the Hospital Militar, Carlos Arvelo and also to the Hospital de Clinicas Caracas, where we worked together doing clinical investigation in many topics of Pediatric Endocrinology, presenting several posters in local and international meetings, and publishing the results in many Journals. Roberto was a hard working person, very thorough and it was a privilege working with him, he was also editor of various Medical Journals. In his last active years, he worked on several aspects of Growth Hormone effects and also on its repercussion on the metabolism of lipids, bone and effects on cardiovascular system and others. Roberto was a beloved husband of Gloria and their three children Anabella, David and Isabella, also his five grand children, that he adored. He will be missed by all of us.



Peter Gunczler



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### GRS - 2024 Officers

**Past-President** Sally Radovick, MD

Professor of Pediatrics

Director, Clinical and Translational Research  
Institute

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1670 E Drachman St. Rm 946 Tucson, AZ 85721

**President** Margaret C Silva Boguszewski

Full Professor of Pediatrics

Department of Pediatrics; SEMPR (Endocrine  
Division)

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Brazil

**Secretary:**

Martin Bidlingmaier, M.D.

Endocrine Research Labs

Medizinische Klinik und Poliklinik IV

Klinikum der Universität

Munich, German

**Treasurer:** Jens Otto Lunde Jørgensen, M.D., D.M.Sc.

Department of Endocrinology and Internal Medicine

Aarhus University Hospital

Palle Juul-Jensens Boulevard 99

8200 N, Denmark

**Council Members**

Adda Grimberg, Philadelphia, USA

Darlene E. Berryman, Athens, OH, USA

Catherine Seut Yhoke Choong, Australia

Xiaoping Luo, Wuhan, China

**Leader:** Liaison with Other Societies

Gudmundur Johannsson, M.D., Ph.D.

Department of Endocrinology - Institute of Medicin

Sahlgrenska Academy, University of Gothenburg

Medicinaregatan 3, plan 5

41390 Göteborg Sweden

**Leader:** Past Presidents' Services:

John Kopchick, Ph.D.

Ohio University

Edison Biotechnology Institute

101 KRL, Building #25

The Ridges Athens Ohio 45701 USA

### SUPPORTING MEMBERS

We appreciate our corporate supporters and their helpful comments and leadership as it related to GRS.



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