

## WHAT'S HAPPENING at GRS

Newletter #18 - April, 2023

Visit: <http://www.ghresearchsociety.org>



### Greetings from GRS

Hello everyone. We sincerely hope that Covid is behind us! As a result, we can now attend to our many projects including updating our membership and supporting members on the activities of GRS. We miss meeting personally and interacting with each other. With the upcoming meetings, we hope to re-establish many 'old and new' collaborations, acquaintances, and friendships. Thus, in anticipation of a 'back to normal' schedule, we 'salute' and 'thank you' for your patience and continued support.

### MEETINGS

**The 11th International Meeting of Pediatric Endocrinology (IMPE 2023)** was held from March 4th to 7th, 2023 in Buenos Aires, Argentina. Three GRS members were invited for symposium presentations: Drs. Margaret Boguszewski, Jens Otto Jorgensen, and John Kopchick.

### UPCOMING MEETINGS

**The 25th European Congress of Endocrinology (ECE 2023)** will be held in **Istanbul, Turkey from 13-16 May 2023.**

GRS will sponsor a special symposium:  
*The Growth Hormone Research Society Symposium on May 16, 2023, 09:10 – 10:40*  
Title: BUILDING A CONSENSUS ON THE DIAGNOSIS OF GROWTH HORMONE DEFICIENCY

#### Welcome address and

**Introduction** – Sally Radovick

**GHD Diagnosis in Children** – Sally Radovick

**GHD Diagnosis in Adults** – Andrew Hoffman

**The GRS Delphi Survey – Building a Consensus on the Diagnosis of Children and Adults With GH Deficiency** -

Jens Otto Jorgensen

**Panel discussion and Audience Participation**

**The 18th International Pituitary Congress** will take place in **Chicago from June 12-14, 2023.** GRS will participate and have a GRS Symposium on *June 13th at 3:45-5:15 PM*

**Welcome address and Introduction** – Andrew Hoffman

**GHD in Children** - Adda Grimberg

**GHD in Adults** - Andrew Hoffman

**GHD in Elderly** - Pinchas Cohen

**ENDO 2023** will take place **June 15-18, 2023, in Chicago, Illinois.** There will be ~7,000 attendees, nearly 2,000 abstracts and over 200 other sessions.

**European Hormone Day 2023 will take place on 15 May 2023.** This is the second dedicated hormone awareness day organized by the European Society of Endocrinology (ESE) and European Hormone and Metabolism Foundation (ESE Foundation). The aim is to bring together the European endocrine community to raise awareness of the significant role of hormones in preventing and treating disease and promoting good health.

#### Important dates:

**March 2023:** launch of a social media toolkit to help participants spread the word

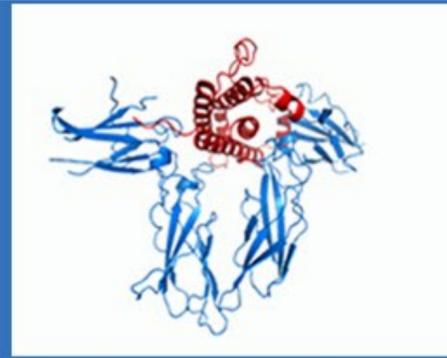
**15 May 2023:** European Hormone Day will take place, coinciding with the first day of the European Congress of Endocrinology (ECE 2023) in Istanbul.



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### PITUITARY SOCIETY

#### International Pituitary Congress (Chicago; June 12-14, 2023)

The 18th International Pituitary Congress will present an exciting group of member and guest international experts in pituitary problems. It will include distinguished clinicians and clinical researchers, fellows in training, and experts in basic science. As usual, we will present cutting edge in-depth topics that will permit each attendee to become familiar with the latest trends in pituitary endocrinology. The format of the meeting is intended to facilitate maximum interaction and free exchange of ideas among the participants and speakers. The Congress is designed to further the knowledge of clinicians and scientists specializing in the pituitary. Single session symposia, Meet-the-Professor lunch sessions, Hot Topics and poster sessions will address a broad range of pituitary research and clinical issues.

The focus of the Congress is on current concepts, future strategies, and options for the investigation, diagnosis and treatment of pituitary diseases. Also, GRS will have a symposium on GH Deficiency (June 13th at 3:45 to 4:15).

We inaugurated a session for early career clinicians and research investigators in 2017. We are pleased to announce the 2023 Early Career Development workshop which will cover topics such as pituitary centers of excellence, electronic databases, tumor data bank, participation in clinical trials, mentorship and more. The workshop will take place on Monday, June 12 at 4:30 pm, just prior to the opening plenary. The key note speaker will be the Pituitary Society President-elect, Dr. Laurence Katznelson. The workshop co-chairs are Odelia Cooper, John Carmichael and Adriana Loachimescu.

The Congress precedes the ENDO 2023 Meeting; beginning the evening of Monday, June 12, 2023 and ending the afternoon of Wednesday, June 14, 2023.

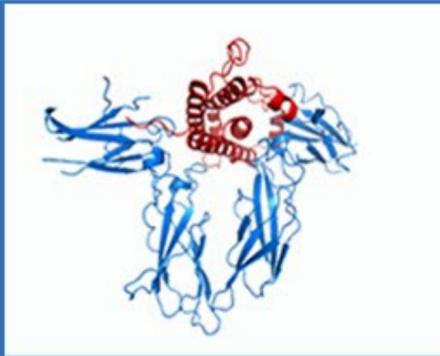
#### Marcello Bronstein Mentorship in Pituitary Medicine Prize

As we memorialize our recently deceased friend and colleague, we will be presenting the first annual **Marcello Bronstein Mentorship in Pituitary Medicine Prize**, which will be awarded at our Congress in Chicago. The prize will perpetuate the legacy of a truly dedicated mentor to so many young endocrinologists worldwide who enjoyed the wise counsel and life lessons from an unforgettable role model who was larger than life itself. The prize will be awarded to a consummate teacher, clinician, and scientist mentor who exemplifies the ideals of Marcello Bronstein.

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### CONSENSUS STATEMENT BY GRS:

Over the years, GRS has published 16 Consensus Statements / Perspectives that have been well received. They can be found and downloaded from our website: <http://www.ghresearchsociety.org/GRS%20consensus.htm>

The most recent:  
Safety of Growth Hormone Replacement in Survivors of Cancer and Intracranial and Pituitary Tumours: A Consensus Statement.pdf  
Eur J Endocrinol. 2022 Apr 21;186(6):35-52. doi: 10.1530/EJE-21-1186.

### GREETING FROM OUR PRESIDENT

*Thank you for the privilege of serving as the President of this dynamic and prestigious organization. I am enthusiastic about continuing to work with my fellow officers to provide you with exciting programs that promote the ideals and goals of our Society. As we launch a new 'in-person' beginning to our academic meetings, I want to let you know about the many planned GRS activities. The other members of the Council and I have continued to promote the goals of GRS. Most recently, a successful workshop was held on 'Safety of GH Treatment in Cancer and Intracranial Tumor Survivors in Children and Adults.' Although this program required a virtual format, it has resulted in the publication of a manuscript in the European Journal of Endocrinology. We held a successful GRS-sponsored mini-symposia at the 24th European Congress of Endocrinology (ECE) 2022 in Milan, Italy. The symposium was very well attended and an opportunity for networking with colleagues.*

*We are planning our next GRS consensus statement on the diagnosis of GH deficiency in children and adults. We will use the Delphi method, which involves an online participant survey on the subject. You can learn more about the Delphi method at [Delphi method - Wikipedia](https://en.wikipedia.org/wiki/Delphi_method).*

*We also plan to present and discuss the first round of results at the upcoming GRS/ECE symposium at ECE 2023 in Istanbul, followed by a consensus publication.*

*We have two exciting Symposia planned during the Spring: ECE Istanbul 2023. The GRS/ECE Symposium will take place in Istanbul, Turkey, on May 16, 2023, 9:10 AM – 10:40 AM, entitled, 'Building a consensus on the diagnosis of growth hormone deficiency.' The agenda will include three lectures: 1) GHD diagnosis in children – Sally Radovick; 2) GHD diagnosis in adults – Andrew Hoffman; and 3) The GRS Delphi Survey – Building a consensus on the diagnosis of children and adults with GH deficiency - Jens Otto Jorgensen. A panel discussion with audience participation will follow the talks.*

*Pituitary Society Chicago 2023. The GRS Symposium at the Pituitary Society meeting in 2023 will be on June 14, 2023, 3:45 PM-5:15 PM and chaired by Andrew Hoffman featuring three talks: 1) GHD in children- Adda Grimberg; 2) GHD in adults - Andrew Hoffman; and 3) GHD in elderly - Pinchas Cohen.*

*Upcoming Workshop 'Transition of Care for GH Deficiency from Adolescence to Adulthood'. Stay tuned for more information.*

*As we plan our upcoming meetings, please consider what topics you would like as future 'Workshops' and send me your suggestions — my email: [s.radovick@rutgers.edu](mailto:s.radovick@rutgers.edu). We wish to select topics relevant to your research interest and benefit those we serve most. We want to hear your ideas and invite you to participate in shaping GRS's future and become even more active members of this organization.*

*I want to thank our supporting members for their sustained generosity. We certainly would only be able to provide these programs to you with their support. I look forward to seeing you in the Spring.*

*With gratitude, Sally*

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### GRS OFFICERS:

President: Sally Radovick, MD

Secretary: Martin Bidlingmaier, MD

Immediate Past President: Andrew Hoffman, MD

Treasurer: Jens Otto Lunde Jorgensen, MD

### CURRENT GRS COUNCIL:

**Margaret Boguszewski, MD** - Department of Pediatrics, Federal University of Paraná, Curitiba, Brazil

**Catherine Seut Yhoke Choong, Clinical Professor** - School of Pediatrics and Child Health, University of Western Australia, Australia

**Peter Kamenický, MD, PhD** - Service d'Endocrinologie et des Maladies de la Reproduction, Faculté de Médecine, Université Paris, France

**Xiaoping Luo, MD** - Department of Pediatrics, Tongji Hospital Center for the Diagnosis of Genetic Metabolic Diseases, Tongji Medical College Huazhong University of Science and Technology Wuhan, China

### SUPPORTING MEMBERS

GRS sincerely thanks its supporting members. Your past suggestions/interactions were very important and helped guide us especially related to our Workshops and Meeting Agendas. As we proceed (post-covid), we will continue to reach out to you for advice, guidance, suggestions, and support. Thank You!

*Aeterna Zentaris*

*Ascendis Pharma*

*BioMarin*

*Chiasma Inc*

*Consilient Health*

*Crinetics Pharmaceuticals*

*Ferring Pharmaceuticals*

*GeneScience Pharmaceutical*

*Immunodiagnostic Systems*

*IPSEN*

*Innovation for patient care*

*Lumos Pharma*

*Merck KGaA*

*Novo Nordisk*

*Pfizer*

*Sandoz Biopharmaceuticals*

*Strongbridge Biopharma*