



## ENDO 2016 INFORMATION

- April 1-4 2016; Boston, Mass
- ENDO 2016 will be the 100th year of the Endocrine Society
- All 7 Plenary talks will be organized thematically to celebrate Nobel Prizes in Endocrine research
- The Sawin Lecture will provide a history of 100 years of Endocrinology
- Advanced Registration by Feb 17, 2016
- Housing Registration Deadline: March 8, 2016

Visit the **GRS Booth at ENDO2016 in Boston**

## PITUITARY SOCIETY NEWS

1. The Pituitary Society and the GRS are now formally related as fellow societies with overlapping aims and interests.
2. We are delighted to offer registration benefits to GRS members similar to those enjoyed by our own Pituitary Society membership.
3. This year the Pituitary Society will be enjoying a dinner at the Harvard Club, and I would like to invite members of the GRS to join us as equivalent Pituitary Society members. This venue will be a pivotal moment in which our Societies come together to our mutual benefit, that of science, and for our patients.
4. I would also like to take this opportunity to convey my own personal feelings of loss with the recent death of Jens-Sandahl Christiansen. He was obviously a major and committed member of the GRS, an outstanding clinical scientist, but was also a great personal friend, raconteur and bon viveur, and someone who enjoyed life and science to the full. I will miss him greatly.

Best wishes to all,  
Ashley Grossman

THE 8<sup>th</sup> INTERNATIONAL CONGRESS OF THE GRS AND IGF SOCIETY

6-9 NOVEMBER 2016 TEL AVIV

Save the Date

For more information  
www.gh-igf2016.com  
e-mail: [gh-igf@ghresearchsociety.org](mailto:gh-igf@ghresearchsociety.org)  
tel: 972-3-977647

The Growth Hormone Research Society and The IGF Society

Abstract Submission & Registration  
opens March 1, 2016

Abstract Deadline May 31, 2016

## GRS SPONSORED WORKSHOPS

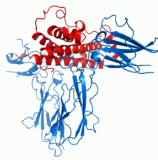
- **SAFETY WORKSHOP Nov 2014**

The report from the *GH Safety Workshop* in Manchester, UK, has been published: *Growth Hormone Safety Workshop Position Paper: a critical appraisal of recombinant human growth hormone therapy in children and adults.* *Eur J Endocrinol.* 2015 Feb; 174 (2):P1-9.

- **LONG-ACTING GH WORKSHOP Nov 2015**

A draft of the consensus statement from the *Long Acting GH Workshop* held in November, 2015 in Asilomar, California has been generated and will be submitted shortly. This was the first time the US and EU regulatory representatives participated in a workshop. Prior to the meeting, a review of Long Acting GH was provided: *Status of long-acting-growth hormone preparations--2015.* Høybye C, Cohen P, Hoffman AR, Ross R, Biller BM, Christiansen JS; *GH IGF Res.* 2015 Oct; 25(5):201-6.

**SAVE THE DATE**  
**The 9th GH&IGF Congress**  
**will be held in Seattle, Washington**  
**September 14-17th 2018**



## SUPPORTING MEMBER NEWS

“One of the key recognitions of the increasing importance of our society and the value we bring to the field is the growing numbers of industry supporting members of GRS. This year we count a record number of 15 supporting members. We are grateful for their support which helps make the implementation of our vision possible. Last year they participated as observers in the landmark meeting on the development of long-acting growth hormone products. We will welcome them to our annual supporting member dinner in Boston this coming spring.”

*Hassy Cohen, GRS President*



## GROWTH HORMONE & IGF RESEARCH JOURNAL

**The journal Growth Hormone & IGF Research is the official journal of the GRS and the IGF Society.** Society members are strongly encouraged to submit their work to the journal, and to cite papers within the journal whenever relevant.

Growth Hormone & IGF Research is a forum for research on the regulation of **growth** and **metabolism** in humans, animals, tissues and cells. It publishes articles on all aspects of **growth-promoting** and **growth-inhibiting hormones and factors**, with particular emphasis on IGFs, IGFBPs and GH.

Six annual issues are published. The journal contain reviews and original articles. Special issues are also in progress. The impact factor is 1.407, the 5-year impact 1.836.

**From 2016 the journal is no longer supplied as part of a society membership.** Instead, members of the two societies are encouraged to make personal subscriptions. If you are a member of the IGF Society or GRS, **the annual subscription fee is as low as GBP£ 33 (electronic).** For subscriptions please contact [Emeasocieties@elsevier.com](mailto:Emeasocieties@elsevier.com)

**NEW!** The journal *Growth Hormone & IGF Research* offers a free service called AudioSlides. These are brief, webcast-style presentations that are shown next to published articles on ScienceDirect and can be viewed for free. This format gives you the opportunity to explain your research in your own words and promote your work by embedding it on your own website and sharing in social media. For more information and examples, please visit <http://www.elsevier.com/audioslides> or watch our webinar. The journal also allows open access.



*Jens Sandahl Christiansen passed away in December, 2015, at the age of 67. Jens was a friend and colleague to many of us. Additionally, he was a co-founder of the GRS. He had a steadfast commitment to GRS and was its biggest supporter.*



*Jens was truly 'one of us' and will be sadly missed by many. His bold and witty solutions to complex problems was a unique trait that he alone possessed. As a tribute to Jens, the executive committee to GRS has decided to have one of the plenary lectures for upcoming GRS/IGF Congresses dedicated to him. Additionally, other commemorations of Jens' memory will be planned by the GRS Council in Boston (April 1-4, 2018). If you have any ideas, please communicate them to John Kopchick ([kopchick@ohio.edu](mailto:kopchick@ohio.edu)).*

*An obituary for Jens Sandahl is found below communicated by Jens Otto Jorgensen, John J. Kopchick, Bengt-Ake Bengtson, and Anne-Marie Kappelgaard.*

## **Jens Sandahl Christiansen, Professor of Internal Medicine, DMSci, FRCPI, Aarhus University Hospital.**

An old adage says 'You can take the man out of the country, but you can't take the country out of the man'. Jens was a passionate cosmopolitan traveler, but he remained faithful to his inner Dane. He delighted in educating visitors as to the uniqueness and age of his 'small Danish kingdom'. And as a true Viking, he loved to plunge into the freezing waters surrounding his homeland, preferably accompanied by reluctant and hypothermic foreign visitors.

As a very young man, Jens went to Copenhagen and graduated from medical school with a gold medal thesis about diabetes. This marked the beginning of a remarkable career as a clinician and scientist in the field of endocrinology. The early years of training at the Steno Diabetes Center (SDC) helped form his creative character. He immediately became a valued member of this unique scientific environment.

He wrote his doctoral thesis at SDC about diabetic nephropathy and finalized his postgraduate education in Aarhus, where, in 1989, he became a consultant in internal medicine and endocrinology at the Aarhus University Hospital. He subsequently became a clinical professor in 1993. His steadfastness as a clinician resonated well with a local demand for a modernization of diabetes treatment, which he timely and conscientiously met. He also initiated a series of clinical research projects in collaboration with senior and junior colleagues; this translated into a number of pivotal discoveries in the field of diabetic complications and clinical aspects of growth hormone (GH) research. He was the senior author of the first controlled trial of GH replacement in adult hypopituitary patients, which prompted a number of pioneering papers in that field.

He established a strong international network of colleagues in endocrinology and has served on numerous boards in several scientific societies. He was a co-founder and later president of the Growth Hormone Research Society (GRS), which – thanks to his continued commitment – is still going strong. He was passionate about GRS sponsored workshops and consensus statements as well as the GRS/IGF International Congresses and participated vigorously in each. At times, it was challenging to convene and accommodate opinion leaders with strong views, but 'failure was never an option' for Jens. Additionally, he was editor or on the editorial board of several journals. With well over 600 publications, his impact on the field of endocrinology is substantial. He has received a number of scientific awards, both nationally and internationally. Perhaps most important, Jens was a treasured physician to his patients and a brilliant teacher of both medical and postgraduate students.

Jens was also a bon vivant and famous for his after dinner speeches with juicy jokes and limericks. But he was also a family man and the role as a proud grandfather suited him very well. His wife Annette, children, and grandchildren were privileged to know and love him best.

The last three months of his life were dominated by a merciless cancer disease, but his good spirit and humor stayed with him to the end. His many national and international friends and colleagues may not miss the icy waters of Denmark, but they will surely miss him.